



**CSD IGDTUW
EUDAIMONIA**



WALKING TOWARDS SUSTAINABLE DEVELOPMENT

EUDAIMONIA IGDTUW

MAJOR ACTIVITY REPORT

FACULTY COORDINATORS

Ar. Kshitij Kumar Sinha

Ar. Preeti Vajpayee

Ar. Vishal Rai

TABLE OF CONTENTS

01	Team Members
02	Introduction to SDGs
03	SDG 3
04	SDG 6
05	Session Overview
06	Meetings Organized and Promotional Activities
07	Session Insights
08	Impact
09	Conclusion

TEAM MEMBERS

POST

MEMBERS

President

Sujata

General Secretary

Anushka Dahiya

Event Management

Aanchal Istwal
Navya Garg

PR Team

Apurva Rawal
Sukhmani Kaur
Yashica

Creative Team

Jasleen Kaur
Latika Kardam

Documentation Team

Medha
Riddhi Chaudhary
Swapnil Maurya

Resource Team

Jahnavi Malhotra

Logistics

Archana Kumari

INTRODUCTION

The Sustainable Development Goals (SDGs), also known as Global Goals, are a set of 17 integrated and interrelated goals to end poverty, protect the planet and ensure that humanity enjoys peace and prosperity by 2030.

The 17 Sustainable Development Goals are:



The SDGs aim to be relevant to all countries – poor, rich and middle-income – to promote prosperity while protecting the environment and tackling climate change. They have a strong focus on improving equity to meet the needs of women, children and disadvantaged population in particular so that “no one is left behind”.

Eudaimonia IGDTUW aims to spread awareness and inspire action to achieve SDG 3 and SDG 6.



SDG 3

Poor health constitutes suffering and deprivation of the most fundamental kind. Over the years, significant strides have been made in increasing life expectancy and reducing some of the common killers associated with child and maternal mortality. Despite global progress, an increasing proportion of child deaths occur in sub-Saharan Africa and Southern Asia. Globally, the incidence of major infectious diseases has declined since 2000, including HIV/AIDS, malaria, and TB, but the challenge of these and new pandemics remains in many regions of the world. We have made immense progress globally in finding newer treatments, vaccines, and technologies for healthcare, but universal affordable access to healthcare remains a challenge

The international community, through Goal 3, has committed itself to a global effort to eradicate disease, strengthen treatment and healthcare, and address new and emerging health issues. It calls for innovation, and research in these areas to further enhance public policy efforts. A holistic approach to better health will require ensuring universal access to healthcare and to making medicine and vaccines affordable. It also calls for a renewed focus on mental health issues. Suicide is the second leading cause of death globally between the ages of 19 to 25. And finally, health and wellbeing are closely linked with the quality of our environment, and Goal 3 also aims to substantially reduce the numbers of deaths and illnesses.

#TARGETS

- **Reduce maternal mortality**
- **End all preventable deaths under five years of age**
- **Fight communicable diseases**
- **Reduce mortality from non-communicable diseases and promote mental health**
- **Prevent and treat substance abuse**
- **Reduce road injuries and deaths**
- **Universal access to sexual and reproductive care, family planning and education**
- **Achieve universal health coverage**
- **Reduce illnesses and deaths from hazardous chemicals and pollution**



SDG 6

Sustainable management of water resources and access to safe water and sanitation are essential for unlocking economic growth and productivity, and provide significant leverage for existing investments in health and education. The natural environment e.g. forests, soils and wetlands contributes to management and regulation of water availability and water quality, strengthening the resilience of watersheds and complementing investments in physical infrastructure and institutional and regulatory arrangements for water access, use and disaster preparedness. Water shortages undercut food security and the incomes of rural farmers while improving water management makes national economies, the agriculture and food sectors more resilient to rainfall variability and able to fulfil the needs of growing population. Protecting and restoring water-related ecosystems and their biodiversity can ensure water purification and water quality standards.

Sustainable Development Goal 6 goes beyond drinking water, sanitation and hygiene to also address the quality and sustainability of water resources, which are critical to the survival of people and the planet. The 2030 Agenda recognizes the centrality of water resources to sustainable development and the vital role that improved drinking water, sanitation and hygiene play in progress in other areas, including health, education and poverty reduction.

#TARGETS

- **Universal and equitable access to safe and affordable drinking water for all**
- **access to adequate and equitable sanitation and hygiene for all**
- **improve water quality**
- **substantially increase water-use efficiency across all sectors**
- **implement integrated water resources management at all levels**
- **protect and restore water-related ecosystems**
- **expand international cooperation and capacity-building support to developing countries in water- and sanitation-related activities and programmes**
- **Support and strengthen the participation of local communities in improving water and sanitation management**

SESSION OVERVIEW

WHAT, WHY & HOW OF *Dengue*

As our major activity, Eudaimonia IGDTUW conducted an informative session in order to raise awareness about the the deadly disease, dengue. This activity is majorly centered on SDG 3 and 6 which focus on Good health and sanitation.

DETAILED DESCRIPTION

- The session began with a short introduction of Eudaimonia IGDTUW and the sustainable development goals followed by a brief presentation on the topic Dengue.
- We covered important facts regarding dengue, how it spreads, its symptoms, treatment and its cure.
- Towards the end, we showed an animated cartoon and asked the attendees a few basic questions about dengue and circulated a feedback form.



CSD IGDTUW

SESSION OVERVIEW



EUDAIMONIA
CSD - IGDTUW

**Be Proactive
Otherwise Mosquitoes
Will Make You Captive.**



Dengue Fever

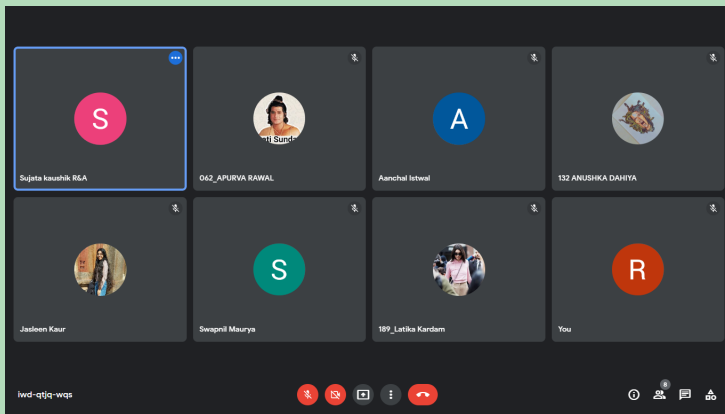
**Know more about this disease and
help spread awareness.**

**EUDAIMONIA SESSION •
DECEMBER 4 • 11:00 A.M.ONWARDS**

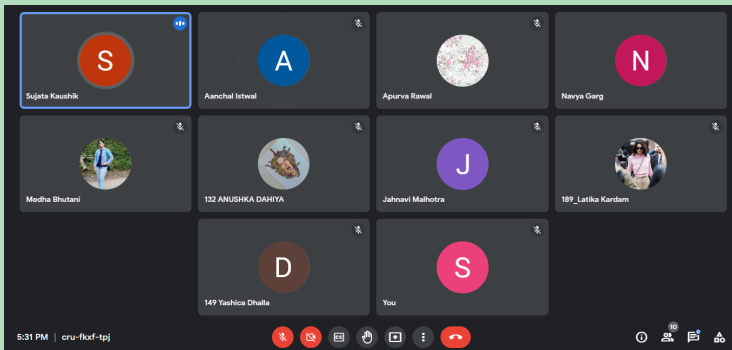
EUDAIMONIA IGDTUW

MEETINGS ORGANISED

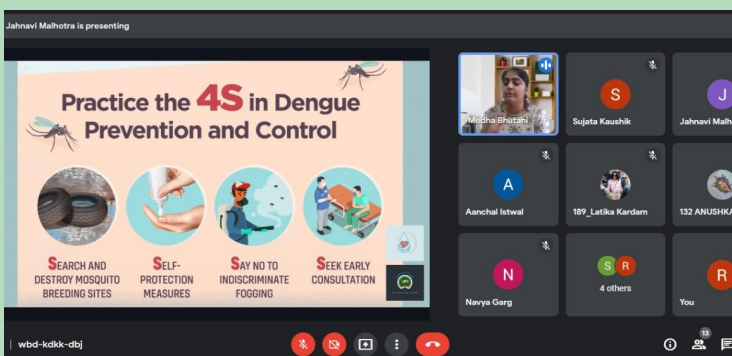
Meets Organized for the preparation / planning of the major event activity and team discussion.



DATE :- 29/ NOVEMBER/21
MEETING LINK :-
<https://meet.google.com/iwd-qtjq-wqs>



DATE :- 03/ DECEMBER/21
PRACTICE / DEMO SESSION WITH
TEAM MEMBERS
MEETING LINK :-
<https://meet.google.com/cru-fkxf-tpj>



DATE :- 04/ DECEMBER/21
PRACTICE / DEMO SESSION WITH
TEAM MEMBERS
MEETING LINK :-
<https://meet.google.com/pru-rbzx-nuh>

PROMOTIONAL ACTIVITIES

Centre for sustainable development IGDTUW

Eudaimonia

An initiative taken by the students of IGDTUW.

It focuses on SDG 3 and SDG 6.

WHY IS SDG6 IMPORTANT?
SUSTAINABLE DEVELOPMENT GOAL 6 GOES BEYOND DRINKING WATER, SANITATION AND HYGIENE TO ALSO ADDRESS THE QUALITY AND SUSTAINABILITY OF WATER RESOURCES WHICH ARE CRITICAL TO THE SURVIVAL OF PEOPLE AND THE PLANET.

SDG 3
GOOD HEALTH AND WELL-BEING
ENSURE HEALTHY LIVES AND PROMOTE WELL-BEING FOR ALL AT ALL AGES.

WHY IS SDG3 IMPORTANT?
SDG 3 ASPIRES TO ENSURE HEALTH AND WELL-BEING FOR ALL INCLUDING A BOLD COMMITMENT TO END THE EPIDEMICS OF AIDS, TUBERCULOSIS, MALARIA AND OTHER COMMUNICABLE DISEASES BY 2030. IT ALSO AIMS TO ACHIEVE UNIVERSAL HEALTH COVERAGE AND PROVIDE ACCESS TO SAFE AND EFFECTIVE MEDICINES AND VACCINES FOR ALL.

SDG 6
CLEAN WATER AND SANITATION
ENSURE ACCESS TO WATER AND SANITATION FOR ALL.

Visit the COVID-19 Information Centre for vaccine resources.

EUDAIMONIA CSD - IGDTUW

Be Proactive
Otherwise Mosquitoes
Will Make You Captive.

Dengue Fever

Know more about this disease and help spread awareness.

EUDAIMONIA SESSION •
DECEMBER 4 • 11:00 A.M. ONWARDS

SESSION INSIGHTS



SCHEDULE: 4th December, 11:00 am Onwards



DURATION: 55 minutes, 18 seconds



VENUE: Online (Google Meet)



NUMBER OF PARTICIPANTS: 150+ Participants



MEETING LINK :

1. <http://meet.google.com/qdb-nycn-dyi>
2. <https://meet.google.com/mqu-qbqo-jdd>



RECORDING LINK:

1. https://drive.google.com/file/d/1Ay65ynybjR_vkqHmW66NmhXugau3wuAi/view?usp=drivesdk
2. https://drive.google.com/file/d/1QP_FqqiUvGeUewcyGBjKW6Fcm8w70IEa/view?usp=drivesdk

SESSION INSIGHTS

Main Meeting Link:

The screenshot shows a Zoom meeting interface. On the left, a slide titled "HOME REMEDIES" lists five items with corresponding images: GILOY LEAVES (green juice), PAPAYA LEAVES (papaya slices), GOAT MILK (milk and cheese), KIWI FRUIT (kiwi slices), and COCONUT WATER (coconut and water). On the right, a gallery view shows several participants, including 132_AANCHAL..., Geeta Kaushik, Jahnvi, Gauri Sharma, Kanchan Chau..., Amod Jha, Navya Garg, Bharti Bansal, and Riyanshi Rathaur. A notification at the bottom of the gallery states "Bharti Bansal has raised a hand Open queue X".

Second Meeting Link:

The screenshot shows a Zoom meeting interface. On the left, a slide titled "Practice the 4S in Dengue Prevention and Control" lists four strategies: SEARCH AND DESTROY MOSQUITO BREEDING SITES, SELF-PROTECTION MEASURES, SAY NO TO INDIGIRHATE FEEDING, and SEEK EARLY CONSULTATION. On the right, a gallery view shows participants including 191 ARCHANA KU..., masti ki patsala, chanchal 10b roll..., Sangeeta Devi, Geeta Rathour, and Suraj Kumar. A notification at the bottom of the gallery states "Geeta Rathour Search and destroy mosquito breeding sites 1 s".

SESSION INSIGHTS

The screenshot shows a Zoom meeting interface. At the top left, it says 'REC' and 'Jahnavi is presenting'. The main content is a presentation slide titled 'Dengue Fever' with a red background. The slide is divided into 'Causes' and 'Symptoms'. Under 'Causes', it shows a mosquito and the text 'dengue viruses spread by mosquitoes'. Under 'Symptoms', there are eight icons representing: Headache, High fever, Muscle, bone and joint pain, Pain behind the eyes, Rash, Fatigue, Bleeding from nose, and Nausea and vomiting. To the right of the slide is a grid of 12 participant avatars, including Medha Bhutani, deepak kumar 7, Kanchan Chau..., Jahnavi (highlighted), Navya Garg, Gauri Sharma, Geeta Kaushik, Amod Jha, 132_AANCHAL..., 184_SUKHMAN..., 88 others, and You. At the bottom left, the time is 11:42 AM and the meeting ID is qdb-nycn-dyi. At the bottom right, there are icons for mute, video, chat, hand raise, share screen, and end call.

TEAM MEMBERS

The screenshot shows a Zoom meeting gallery view with 13 team members. The members are arranged in three rows. The first row has five members: 184_SUKHMANI KAUR, Sujata kaushik R&A, Aanchal Istwai, Navya Garg, and Medha Bhutani. The second row has five members: Jahnavi, 191 ARCHANA KUMARI, 149 Yashica Dhalla, 062_APURVA RAWAL, and 189_Latika Kardam. The third row has three members: 072_SWAPNIL MAURYA, 132 ANUSHKA DAHIYA, and You. At the bottom left, the meeting ID is qdb-nycn-dyi. At the bottom right, there are icons for mute, video, hand raise, share screen, and end call.

IMPACT

GENERAL OVERVIEW:

The entire team of Eudaimonia IGDTUW is overjoyed by the exceptional response and feedback received from the attendees.

We successfully conducted the awareness session on dengue. The main aim behind the activity which was to make the students realise importance of SDG 3 and 6 (Good Health and Sanitation) was accomplished.

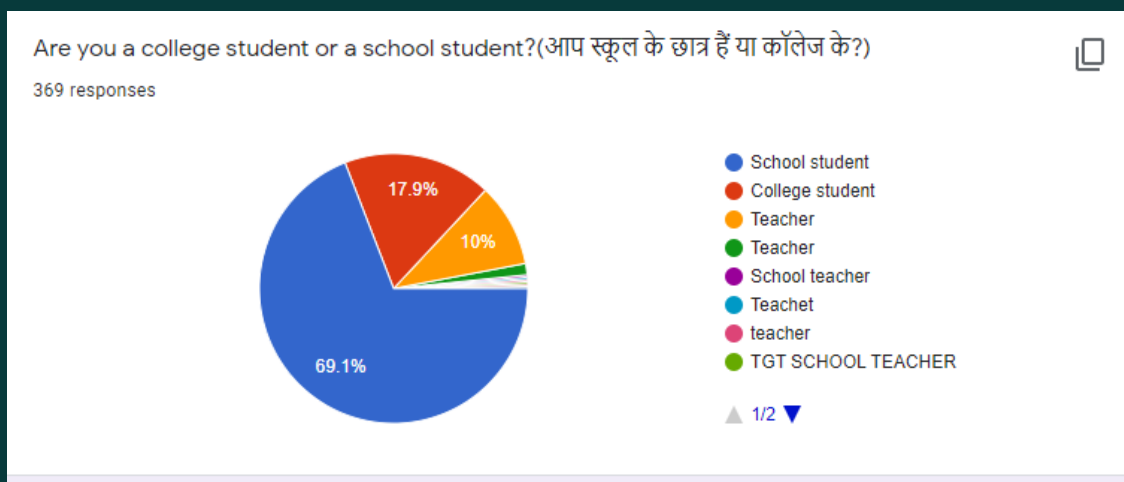
150+ participants from schools and colleges joined us and attentively listened to the session and even got their queries regarding the disease solved by asking questions. The Q/A round held at the end saw a large number of answers given by the extremely enthusiastic students. Hence, proving the students paid full attention to the information provided during the session.

With this session, we all have very well understood the importance of health today. Many students joined us and made our session a huge success. We accomplished our goal of making them aware. The enthusiasm in the students and the positive feedback received made this activity a huge success.

IMPACT

STATISTICS

- Total Number of Participants: 150 +
- Participant Database Analysis through Pie Charts:

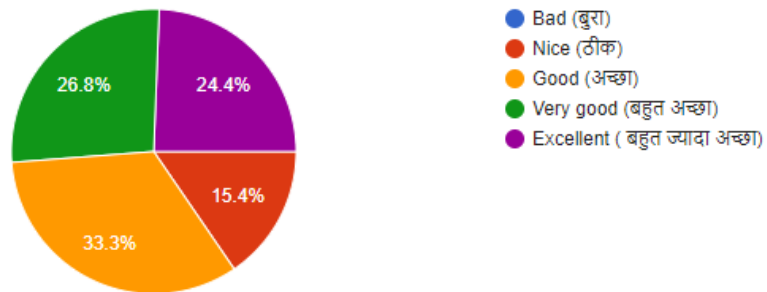


Alongwith school and college students, *school teachers* also participated in the event and response / feedback given by participants was really overwhelming.

LEARNING OUTCOME AND AWARENESS RAISED:

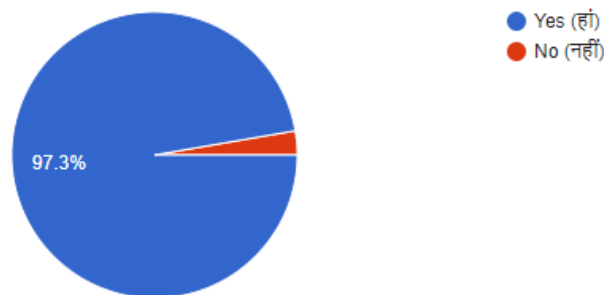
How much did you like the session? (आपको यह प्रोग्राम कैसा लगा?)

369 responses



Did you learn anything from the session?(क्या आपने कुछ सीखा?)

369 responses



General Feedback

Nice session

सावधानी ही सुरक्षा की कुंजी है , ये हमने आज के प्रोग्राम से सीखा है । धन्यवाद आपका

Hme ye program m bhut aacha lga hmns bhut kuch sikha bi h isse thank you. To all of u and my teacher ,s

It is very supportive for the students as well as for teachers too

Is program se hame new jankari mili

Good program

Session is excellent as everything is appropriately managed by event management team

Very good

The management was excellent. It was just so amazing. We want more such sessions.

It's very good I get a lots of information from this program

कार्यक्रम से नई चीजों का ज्ञान हुआ है अपने अंदर के कलाकार को बाहर निकलने का अवसर मिला

This is too helpful for us 😊😊

Apne ander ki kala ko janne ka awsar mila

This program is very good and got to learn a lot from this program. I would like to say thank you to program and to the person who made this program thank you so much 😊

It was really good.I learned more about dengue from it.

Bht acha lga is program se hume bht kuch sikhne ko milaa

Very helpful for us knowing about dengue 😊😊

Valuable session, learns about the unknown things

This programme is very good

Ye bahoot hi achhi cheez hame aaj shikhne ko Mili ki ham dengue se kaise Bach sakte hai bahoot achha laga

Nothing

EVENT HIGHLIGHTS

NUMBER OF PARTICIPANTS: **150+**

PERCENTAGE OF SCHOOL STUDENTS: **69.1%**

PERCENTAGE OF SCHOOL TEACHERS: **> 10%**

SCHOOL NAME: **GOVERNMENT GIRLS SENIOR SECONDARY SCHOOL, SABHAPUR**

EVENT HIGHLIGHTS

Q/A ROUND RESPONSES

Ayushi Srivastava11:54

Self protection measures

Vanshika Kashyap11:54

Seek early consultation

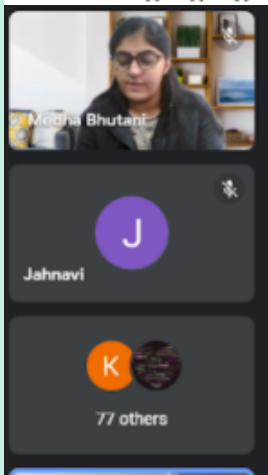
Tinu Sharma11:54

Search and destroy mosquito breeding site

Navya Garg11:54

Vanshika , samriddhi , alka meena 🌟🌟🌟🌟 great u are the one to answer first

Great ♥🌟🌟🌟



Messages can only be seen b
are deleted when t

ngar maha 11:56 AM
Don't collect water

Samraddhi Sharma 11:56 AM
Consult doctor

Vanshika Kashyap 11:56 AM
Liquid, and papaya leaf

Navya Garg 11:56 AM
Yes Vanshika 🌟

Lata Singh 11:56 AM
Seek early protection
Keep clean

Ayushi Srivastava11:54

Say no to indiscriminate fogging

Vanshika Kashyap11:54

Full slivs clothes

Riyanshi Rathaur11:55

Self protection measures

Medha Bhutani11:55

Great You guys listened to me carefully thank you 🙏🙏

Navya Garg11:55

Manasvi Agarwal great 🌟🌟

004_Mehak11:55

keep your surroundings clean, don't let water collect anywhere

Iqra Rana11:55

Self protection

Samraddhi Sharma11:55

Cleanliness

Tinu Sharma11:55

Self protection measures

Iqra Rana11:55

Keep clean

chanchal 10b roll no 7011:55

saf safai or docter se salha lene

pure kapde pehnte h

Geeta Rathour11:55

Search and destroy mosquito breeding sites 1 s

And 2 next

Maneesh Singh11:56

Saaf Safai rakhe full kapde pahne

Samraddhi Sharma11:57

Rashes

Jyoti Sharma11:57

Weakness

Medha Bhutani11:57

Fantastic job guyssss

Ayushi Srivastava11:57

CONCLUSION

Dengue is a viral infection that spreads through the bite of the *Aedes aegypti* mosquito. It causes fever, body ache and weakness. In severe cases, it can trigger life-threatening complications.

While dengue is not uncommon in India, this year, several states in northern and central India have seen a sharp rise in cases. According to a response by the health minister to a question in Parliament, India has recorded 1.64 lakh dengue cases this year,

Unless sanitation and health infrastructure is in sync we will continue to see such outbreaks. Hence, it is the need of the hour to understand the importance and take action towards achieving Sustainable Development Goals 3 and 6 which focuses on achieving health and sanitation. Realising this, we conducted this session. Some key points about the activity:

- The session educated the participants about this deadly disease and how to ensure proper sanitation and maintain good health to stay safe.
- The reach wasn't just limited to IGDTUW, but all over the state.
- Via the feedback, it's evident that the session was successful because of the participant's interest in the subject.